

**Social and Emotional Health Subcommittee**  
**Meeting Notes**  
**Wednesday-May 5, 2010**  
**1:00-3:00 Easter Seals**

**In Attendance:** Karen Anthony, Oakland Schools; Jennifer O’Conner, Oakland Schools; Patti Reitz, OCCMHA; Lisa Hahn, Oakland County Health Department; Marina Pesserl, Lifestart Counseling; Denise Arbaugh, Easter Seals; Donna Lackie, Oakland Schools

**Task Force Group Updates:** Updates were provided for each task force group and next steps were discussed.

*Professional Development and Parent Support:* Jen provided an update on the work she has done to create videos of programs and children in Oakland County which reflect best practices utilizing the Second Step Framework with (1) empathy, (2) emotion management and (3) problem solving. To date, she has been able to get consent forms and has been able to tape some amazing footage. However, finding time to edit has proven to be a struggle. Donna suggested that her daughter might be able to help show Jen how to edit and add voice over as well as give an introduction to scenario of the video and possibly things to look for.

*Social Emotional Training/Education Opportunities:* A section of our implementation dollars are designated for this project. Across the state there are other counties working on similar projects/goals. These include Midland, Genesee, Eaton, EUP, Bay-Arenac, Monroe, Ingham, Charlevoix-Emmet, Delta-Schoolcraft, Ottawa and Copper Country. These projects all focus on “social and emotional health training and education efforts.” ECIC has organized a learning community for these communities to offer peer to peer support and learning as well as consultation from an outside specialist. This specialist is Mary Mackrain. A video conference has been set up for June 3<sup>rd</sup> from 9:00-10:30. We will have a chance to hear what other counties are doing and to see how that aligns with work we are currently doing and how we could expand and enhance our work. Information gathered from this videoconference will be shared with the task force workgroup as well as our full subcommittee.

*Post Partum Depression:* Lisa and Darlene met with Deanna Robb and Nancy Kirsh from Beaumont Hospital. They shared a card sized brochure that they have produced before. This card has important numbers and websites to call as well as symptoms of post partum depression. Lisa shared examples of this card. Suggested changes include adding 211 and Common Ground. In addition, the group agreed that it should say specifically “for a listing of local support groups visit...” Finally, the group thought that somewhere by the symptoms, there should be a spot that says “for immediate help call and include the PSI number. Darlene presented these suggestions at the PPA meeting held on 5/11. Once updated, Marina suggested that she would pilot this with moms in the support groups. In addition, St. Joseph’s might be working on something for post partum depression as well. Darlene will follow up with this at the PPA meeting as well.

*Social Emotional Developmental Screenings:* Donna provided an update on the ASQ project. We have ordered the program and materials needed. We will begin recruiting pilot programs in June. These pilot sites will have access to their own data as well as be able to be a part of a users group/learning community. Last meeting, the group discussed creating a flyer that would promote routine SE screenings that can be included in our physician outreach packets. This meeting, Karen suggested that we model this flyer off of the Autism flyer, “learn the signs, act early.” Donna suggested that we could include some of the strengthening families wording as well. Finally, we thought it would be helpful to create a crosswalk on the increments for the ASQ-SE and the ASQ.

**Subcommittee Considerations:**

*Implementation Funds:* Our implementation funds have been approved!! For this subcommittee, additional funds will cover the cost of printing PPD brochures and towards work on training/professional development work.

*CCEP Updates:* Jen and Karen provided updates on their work. They have very busy helping children, families and schools. However they are still struggling with reaching out to Medicaid providers. This is a top priority for the grant they have received. They will continue to outreach to these families.

*Easter Seals Update:* Denise announced that beginning May 17<sup>th</sup> services for children 0 to 6 years old will be a home based service. This means that children will receive services according to the DCH protocol for home base services. It also means that the children screened for eligibility will meet the DCH criteria for home base services. This lead to a discussion of the need for a resource guide for families/a provider database-access is a big concern for these families. Especially because there aren't many providers who will see kids that are under 5 years old. The group suggested that we might be able to partner with the Oakland University counseling department. There might be a graduate student who could work on this. Lisa will follow up with Lisa Hawley.

**Next Steps:**

As Lisa emails suggestions on a flyer for SE trainings and sample bookmark for PPA support groups, the group will provide email feedback.

**Announcements:**

Easter Seals has moved to a new address, 2387 E. Walton Blvd. Auburn Hills, MI 48326.

Our next meeting will be May 5, 2010 at Easter Seals new location.