

Great Start Collaborative-Oakland

Social & Emotional Health Subcommittee

Meeting Notes

July 1, 2009
 1:00 – 3:00 p.m.
 Easter Seals

Attendees: Denise Arbaugh (ESS), Bonnie Daligga (Healthy Start), Kris Kasperski (OFS), Amy Heincelman (OCCMHA), Lisa Hahn (OCHD), Dr. Colleen Noble (Private Dev Pediatrician), Stacy Green O(OLHSA), Susan Bartley (LO Head Start), Pamela Barckholtz (GSC-O)

Recap from Last Meeting: Reviewed notes of last meeting with input from members who were in attendance. .

SOCIAL & EMOTIONAL HEALTH					
Infants, young children and their families are socially and emotionally healthy.					
OBJECTIVE/ACTION STEP	RESOURCE NEEDS	ROLES/ RESPONSIBILITIES	TARGET DATES	PROGRESS MEASURES	
Goal SE1: <i>All children with challenging behaviors have access to quality early care and education.</i>					
Lead # 1 Strategy SE1.A: Collect data regarding challenging behaviors in early care and education programs (home- and center-based) including disenrollment rates, usage of resources, disparities in expulsion, need for resources and training needs for the development of a child care expulsion intervention plan.					
Lead# 1.1 SE1.A.1 -Analyze surveys collected from child care providers for themes and resources used related to challenging behaviors in the child care setting (possible child care expulsion).	Researchers	Social & Emotional Health Subcommittee Oakland University Early Childhood Research class led by Julie Ricks-Doneen	12/31/08 COMPLETED 5/6/09	Survey data will be coded and tallied. Analysis of survey data will be summarized and ready for presentation to Strategic Leadership 12-4-08 Will be reviewing the work that OU students did for us at the January meeting 1-7-09 Began review of survey data collated by OU students. Committee requested that Pam continue to collate and summarize data and bring back to next meeting.	

				<p>2-4-08 Reviewed raw data from discipline policies reviewed by OU students. Agreed to change categories to match those used by CCEP. Pam will make changes, chart results and bring to next meeting.</p> <p>5-6-09 Reviewed Challenging Behaviors survey data. See charts attached at end of notes. We learned from this that we need to target aggressive behaviors in our trainings and felt that more training on conflict resolution in the classroom would be helpful. Also, in future surveys/focus groups we need to better know the meaning of the behaviors that are cited. We collected data without being able to understand that data in context so its usefulness by itself is limited. However, it is one piece of our 3 pronged effort that we have completed.</p>
<p>Lead# 1.3 SE1.A.2 -Conduct focus groups of early care and education professionals throughout the county to identify the resources used related to child care expulsion and identify the gaps in services.</p>	<p>Funding Time Host sites</p>	<p>Social & Emotional Health Subcommittee Early Care & Education Subcommittee GSC-O Staff Training entities</p>	<p>3/31/09 IN PROGRESS</p>	<p>Conduct at least 2 focus groups.</p> <p>12-4-08 Will develop questions after reviewing the analysis as referenced in SE1.A.1</p> <p>5-6-09 Will plan for these at next meeting.</p> <p>6-3-09 Developed focus group lead in discussion and questions as follows:</p>

				<ol style="list-style-type: none">1. What got you into this business?2. Provide a history of why the focus groups are being held, etc.3. Provide their demographic information such as name, age, experience4. Tell about some of your positive experiences providing child care. <p>Developed focus group guiding questions as follows:</p> <ol style="list-style-type: none">1. What does a challenging behavior look like? With a child? With a parent? With a co-worker?2. If a child bites another child, what happens?3. Did you notice any behavior prior to biting?4. How do they communicate this to the parents of the biter? Of the child who has been bitten?5. Is the outcome more developmental than rule based?6. When do you see challenging behaviors?7. When you see the behaviors, what happens?8. If the leader pursues resources, were they
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				<p>helpful?</p> <p>9. Are there trainings that you would like to see provided in the future?</p> <p>Discussed the need for a good facilitator. Would like to provide participants with a packet of current resources at the end.</p> <p>Could consider one focus group during the 3 days of quality training in August. Discussed having a North Oakland group with a 1/2hour training prior to the focus group. Need training as incentive to get people to group. Possibly offer CPR or infection control trg that all need prior to focus group.</p> <p>7-1-09 Discussed Focus Group Plan and brainstormed marketing/recruitment ideas. See plan attached.</p>
<p>Lead# 1.2 SE1.A.3 -Study a sample of discipline policies from various child care settings to identify commonalities and differences and identify discipline policy issues that could contribute to disenrollment rates for challenging behaviors.</p>	<p>Access to information Time</p>	<p>Social & Emotional Health Subcommittee Early Care & Education Subcommittee GSC-O Staff</p>	<p>4/30/09 COMPLETED 5/6/09</p>	<p>A sample of discipline policies from child care settings will be collected; a workgroup will be organized to set up coding strategies for analysis of discipline policies by Julie Ricks-Donneen's Oakland University class on behavior; discipline policies will be analyzed; findings will be summarized.</p> <p>10-1-08 CSSOC is</p>

				<p>completing the 51 telephone calls. Reviewed child care provider list and attendees committed to help pick up policies when the calls are completed.</p> <p>At our next meeting we will need to consider coding of these discipline policies for analysis.</p> <p>12-4-08 Only 4 policies collected. Extensively discussed the wish to continue to try to collect these. Some concern expressed about having no budget to plan a project. Pam will see what information can be found about any specific budgets for committees. Much debate about our direction but decided on 3 pronged approach as follows:</p> <p>1) Ask the OU Research class if they will call/visit and try to collect the policies, especially from family homes and then analyze them. If they agree, we will pull another random sample.</p> <p>2) Each committee member is going to try to collect policies from centers near their daily happenings and we will see how many we can get. Will review these in January meeting</p> <p>3) Sue Allen could hold a training for providers on</p>
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				<p>writing discipline policies, asking them to bring their current policies.</p> <p>1-7-09 Reviewed research plan presented by Lisa Sturges in consultation with Julie Rick-Doneen. Concern expressed that this strayed from the plans made last month. Question whether OU's goals meet our goals. Question regarding meeting $\frac{3}{4}$ class deadline. Decided to table this research proposal and continue to collect discipline polices as we can, expanding our sample of convenience. Discussed experiences collecting policies this month. Expressed concern about "cold calls" and lack of benefit without relationship. Susan will ask liaison (Bridget) to collect from at least one family home and one other. All members will continue this effort. It was decided to request Susan Allen to develop 2 trainings for providers—one for family providers and one for Center based providers.</p> <p>2-4-08 Reviewed research plan. Decided to allow OU class to review policies collected in early March and to report back their recommendations to us.</p>
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				<p>Discussed the pros and cons of continuing with this research plan and decided to proceed, understanding that we have no real deadline and we want to just continue to collect data until we think we can make a case for further funding. Will ask Julie Ricks Doneen to attend April meeting to discuss qualitative data collection.</p> <p>5-6-09 Reviewed discipline policy analysis that was completed by OU. Agreed that policies need to be more proactive. Explored possibility of writing a sample discipline policy. The committee is not interested in doing this as they feel they will have a product that again does not meet the needs of all. They would rather have a training series or maybe develop an online training series that provides guidelines for writing a discipline policy.</p>
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Lead # 3 Strategy SE1.B: Understand the scope of sensory integration needs in Oakland County and the resources available to address these needs.

<p>Lead #3.1 SE1.B.1 - Consult with sensory integrations experts (i.e. school district occupational therapists, facilities that provide services) to understand the scope of sensory integration needs of children, teachers, centers and the resources available to address these needs.</p>	<p>Access to information Time</p>	<p>Social & Emotional Health Subcommittee GSC-O Staff</p>	<p>4/30/09</p>	<p>Sensory integration experts are consulted with (i.e. focus groups, presentation at a subcommittee meeting).</p>	
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<p>Lead # 3.2 SE1.B.2 -Research the feasibility of sensory integration services for all children in Oakland County when the service is needed.</p>	<p>Access to information Time</p>	<p>Social & Emotional Health Subcommittee GSC-O Staff</p>	<p>9/30/09</p>	<p>Consult with Abilities Center and others regarding universal service possibilities Understand third party payment issues related to this service</p>	
<p>Strategy SE1.C: Monitor implementation of additional CCEP services to assure services are meeting the needs of Oakland County.</p>					
<p>Supportive SE1.C.1 -Develop system with Project Challenge to continually determine needs assessment for CCEP services</p>	<p>Access to information Time</p>	<p>Project Challenge Social & Emotional Health Subcommittee GSC-O Staff</p>	<p>4/30/09</p>	<p>Work with Project Challenge Evaluation Team develop procedures for waiting lists, needs assessment, etc.</p>	
<p>Supportive SE1.C.2 -Monitor implementation of System of Care block grant funding for CCEP services</p>	<p>Access to information Time</p>	<p>Social & Emotional Health Subcommittee GSC-O Staff</p>	<p>9/30/09 IN PROGRESS</p>	<p>Ongoing communication with Project Challenge and OCCMHA regarding implementation issues 10-1-08 Reviewed CCEP re-write at request of MDCH. 12-4-08 CCEP program details continue to be worked out. MDCH has accepted our revisions. 1-7-09 Talks continue with a focus on Medicaid billing requirements and related issues that will need to be incorporated into services. 2-4-08 Decision has been made to contract directly with Oakland Schools. Possible start up in April 09. 5-6-09 Meeting scheduled on June 11 to discuss hiring and contract issues. Start up will be 10/1/09. 7-1-09 Meetings are being held with OCCMHA and OS to finalized details of contract and job</p>	

				description/interview protocols. Applicant must have Level II IMH endorsement. Anticipate 10-1-09 start date.	
Goal SE2: <i>There is One Call for All for families to access services that will enhance the social emotional development of their children 0-5.</i>					
Strategy SE2.A: Develop <i>One Call for All</i> for families with children 0-5 in need of social emotional support.					
Supportive SE2.A.1 -Assist with implementation of OCCMHA central access for mental health services for children 0-5 by serving as consultants to OCCMHA to provide feedback regarding the implementation plan or to make recommendations during 2008.	Time Funding	OCCMHA Social & Emotional Health Subcommittee GSC-O Staff Other Potential Partners	9/30/09 ON HOLD	Ongoing documented communication with OCCMHA regarding progress with central access for children 0-5.	
Goal SE3: <i>Pregnant women have access to adequate prenatal and post partum services for maternal depression.</i>					
Lead Strategy SE3.A: Gain an understanding of current practices, gaps in services, potential partnerships and legislative initiatives to support and promote prenatal and post partum depression services.					
Lead 2.1 SE3.A.1 -Meet with the local Postpartum Support International (PSI) Coordinators to better understand their vision of PPD network of services.	Access to information Time	Postpartum Support International Social & Emotional Health Subcommittee GSC-O Staff Other Potential Partners	12/31/08 IN PROGRESS	Hold at least one meeting with Nancy Roberts, local coordinator. 5-6-09 Pam will continue to try to connect with Beaumont Group. Kris Kasperski went to a meeting there last month and there is another scheduled next Tues, May 12, 1 PM. Kris will get info to Pam. 7-1-09 Pam will attend next meeting scheduled on 8-11-09. Kris Kasperski has been involved with Beaumont in a re-work of their resource guide which includes a plan to put it online.	
Lead 2.2 SE3.A.2 -Develop a compilation of best practice models, current hospital/physician screening	Access to information Time	Social & Emotional Health Subcommittee GSC-O Staff	9/30/09	Completion of a report on best practice models, current hospital/physician screening	

and support protocol, and higher education projects related to post partum depression, working with the Beaumont Task Force for PPD and maternal depression issues.		Other Potential Partners		and support protocol, and higher education projects related to post partum depression. 5-6-09 The most at risk mothers do not keep their 6 week OB check up, but they do go to WIC. OCHD nurses now going to WIC offices and seeing 1 st time pregnant moms, 1st time post-partum moms, and all moms with child under 6 months. PACE is now also present at those clinics so the additional risk factor of substance abuse is being addressed.
Lead 2.3 SE3.A.3 -Research information about legislative initiatives to support and promote prenatal and post partum depression services.	Access to information Time	Social & Emotional Health Subcommittee GSC-O Staff Other Potential Partners	9/30/09	Monitor information about legislative initiatives to support and promote prenatal and post partum depression services to collaborative members.
Strategy SE3.B: Develop public awareness and outreach messages to reduce the stigma of maternal depression.				
Supportive SE3.B.1 -Partner with the OCCMHA anti-stigma campaign.	Access to information Time	OCCMHA Social & Emotional Health Subcommittee GSC-O Staff Other Potential Partners	10/31/08	Designate a Great Start-Oakland representative to work with OCCMHA on this campaign.

Professional Development on EC Mental Health Issues Planning

Discussed Professional Development Plan. See attached budget. We are working on two dates: September 11 and September 30. Our Saturday training still needs to be planned.

Brief Discussion of Year 3 Action Agenda Items

Would like to develop a training curriculum for schools.

Would like to do more training for social workers regarding early childhood issues, and encourage universities who are providing CEU training to include more early childhood issues.

IMH training program status: UM Certificate Program is now gone. WSU Certificate Program now has no practicum. Need to pay more attention to opportunities to train in infant mental health issues.

MI-AIMH is looking at adding some competencies for the 3-5 year old, with endorsement possibilities.

Next Meeting: August 5, 2009, 1-3 PM, Easter Seals, Pontiac.

Budget Plan
Professional Development Social Emotional Health 2009

	Speakers	Breakfast 140 @7.50	CEU's (Nursing, SW, SB)	Lunch	Space	Materials/Other	Total	Still Needed
Overview of Attachment, IMH intro and Working with Traumatized Caregivers (2 ½ day trainings with lunch provided between) September 11, 2009, OS, Kate Rosenblum and Maria Muzik								
	\$1200	\$1050	\$700.00	\$1050	140	Printing only	\$4000	\$0
Source of funding	GSC-O PD	GSC-O Food	GSC-O PD	GSC-O Food	OS Inkind			
Stress in young children, mental health issues in young children, child care expulsion, developmental intervention September 30, 2009, Franco Center, Julie Ribaud and ????? (still looking)								
	\$1200	\$1050	\$700.00	\$1050	140	Printing only	\$4000	
Source of funding	GSC-O PD	GSC-O Food	GSC-O PD	GSC-O Food	Trinity Health (Franco)			
Overview of Attachment (Saturday training targeting family child care providers) To be arranged								
	\$400	\$750	None	None	100	Printing only	\$1150	
Source of funding	GSC-O PD Early On	Early On			OS Inkind			
(Tentative) The Protective Shield (Lunchtime presentation) Deborah Johnson (OLHSA)								
	\$100							
	GSC-O PD							
Total Expense by Fund								
GSC-O PD	\$2600		\$1400				\$4000	
Early On	\$300	\$700					\$1000	
GSC-O Food		\$2100		\$2100			\$4200	

**GSC-O SE Subcommittee
Focus Group Plan (Revised by subcommittee 7-1-09)**

Focus group lead in discussion and questions:

- 1. What got you into this business?**
- 2. Provide a history of why the focus groups are being held, etc.**
- 3. Provide their demographic information such as name, age, experience (On written form only)**
- 4. Tell about some of your positive experiences providing child care.**

Focus group guiding questions:

- 1. What does a challenging behavior look like? With a child? With a parent? With a co-worker? (Be sure to use wording so they think about the younger infants, i.e. fussy baby, inconsolable, etc.)**
- 2. If a child bites another child, what happens?**
- 3. Did you notice any behavior prior to biting?**
- 4. How do they communicate this to the parents of the biter? Of the child who has been bitten?**
- 5. Is the outcome more developmental than rule based?**
- 6. When do you see challenging behaviors?**
- 7. When you see the behaviors, what happens?**
- 8. If the leader pursues resources, were they helpful?**
- 9. Are there trainings that you would like to see provided in the future?**

Facilitator: Mary McLeod

Logistics:

- 1. Provide certificate for 2.5 hours of training (of 10 hours needed per year) Note: this amount of training provides the incentive for providers. We cannot pay for CPR training and Universal Precautions is often trained on site using a video.**
- 2. Use the new ECIC Social Emotional Booklet as a training guide for ½ hour presentation**
- 3. Conduct 4 focus groups that will be recruited uniformly, and not use the OS training as a venue**
- 4. Conduct focus groups at licensed facilities so that child care can be easily provided. Child care will be by RSVP with a limit of (approximately) 20 children.**
- 5. Provide dinner for participants (pizza, pitas, etc.)**
- 6. Provide some kind of gift incentive (packet of books, single book for providers, etc.) Cost will be in \$5.00 range**
- 7. Locations could be as follows:**
 - a. Hazel Park Early Learning Hub**
 - b. CERC**
 - c. Building Blocks—Highland**
 - d. Some Pontiac site (probably St. Joe's Children's Learning Center)**

e. Possibly Head Start welcome back night, and other locations as budget allows

Publicity Brainstorm

- 1. Ask for 4C mailing list, e-blast as much as possible, use 4C staff to promote**
- 2. Partners will distribute information, i.e. OCHD, WIC clinics, Early Childhood Centers such as Farmington. Maybe eblast our GSC-O partners and ask for assistance**
- 3. Possibly find some family day care providers who will call others in their networks, especially for CERC and Pontiac site**
- 4. Church bulletins**
- 5. Local libraries (posters,flyers,postcards)**
- 6. Envelope inserts, i.e. food supplement checks**
- 7. Ask BCAL staff to help recruit**
- 8. Ask BCAL to post on website**
- 9. Look for other websites to post training**
- 10. Snail mail as last resort**
- 11. Ask 4C to help us know how to get the providers' attention**