

# Great Start Collaborative-Oakland

## Social & Emotional Health Subcommittee

### Meeting Notes

August 5, 2009  
 1:00 – 3:00 p.m.  
 Easter Seals

**Attendees:** Denise Arbaugh (ESS), Bonnie Daligga (Healthy Start), Kris Kasperski (OFS), Jennifer O'Connor (OS), Margo Clarfelt (OCYA), Linda VandeVoort (Parent/Special Educator), Amy Heincelman (OCCMHA), Dr. Colleen Noble (Private Dev Pediatrician), Stacy Green (OLHSA), Susan Bartley (LO Head Start), Pamela Barckholtz (GSC-O)

**Recap from Last Meeting:** Reviewed notes of last meeting with input from members who were in attendance. .  
 Note that Geri Smalley, currently offering CCEP services through Project Challenge has now moved to full time. Project Challenge is changing it's name to Project Star.

A hearty welcome to our new parent representative, Linda VandeVoort. We are thrilled to have this representation on our committee.  
 A very sad announcement from Bonnie Daligga, Clinical Leader for Healthy Start, that her position has been eliminated as of 8/20/09. Bonnie will become an independent contractor and will continue with the committee as she is able.

SOCIAL & EMOTIONAL HEALTH					
Infants, young children and their families are socially and emotionally healthy.					
OBJECTIVE/ACTION STEP	RESOURCE NEEDS	ROLES/ RESPONSIBILITIES	TARGET DATES	PROGRESS MEASURES	
<b>Goal SE1:</b> <i>All children with challenging behaviors have access to quality early care and education.</i>					
<b>Lead # 1 Strategy SE1.A:</b> Collect data regarding challenging behaviors in early care and education programs (home- and center-based) including disenrollment rates, usage of resources, disparities in expulsion, need for resources and training needs for the development of a child care expulsion intervention plan.					
<b>Lead# 1.1</b> SE1.A.1 -Analyze surveys collected from child care providers for themes and resources used related to challenging behaviors in the child care setting (possible child care expulsion).	Researchers	Social & Emotional Health Subcommittee Oakland University Early Childhood Research class led by Julie Ricks-Doneen	12/31/08 <b>COMPLETED</b> 5/6/09	Survey data will be coded and tallied. Analysis of survey data will be summarized and ready for presentation to Strategic Leadership 12-4-08 Will be reviewing the work that OU students did for us at the January meeting 1-7-09 Began review of survey data collated by OU	

				<p>students. Committee requested that Pam continue to collate and summarize data and bring back to next meeting.</p> <p>2-4-08 Reviewed raw data from discipline policies reviewed by OU students. Agreed to change categories to match those used by CCEP. Pam will make changes, chart results and bring to next meeting.</p> <p>5-6-09 Reviewed Challenging Behaviors survey data. See charts attached at end of notes. We learned from this that we need to target aggressive behaviors in our trainings and felt that more training on conflict resolution in the classroom would be helpful. Also, in future surveys/focus groups we need to better know the meaning of the behaviors that are cited. We collected data without being able to understand that data in context so its usefulness by itself is limited. However, it is one piece of our 3 pronged effort that we have completed.</p>
<p><b>Lead# 1.3</b> SE1.A.2 -Conduct focus groups of early care and education professionals throughout the county to identify the resources used related to child care expulsion and identify the gaps in services.</p>	<p>Funding Time Host sites</p>	<p>Social &amp; Emotional Health Subcommittee Early Care &amp; Education Subcommittee GSC-O Staff Training entities</p>	<p>3/31/09 IN PROGRESS</p>	<p>Conduct at least 2 focus groups.</p> <p>12-4-08 Will develop questions after reviewing the analysis as referenced in SE1.A.1</p>

				<p>5-6-09 Will plan for these at next meeting.</p> <p><b>6-3-09</b> Developed focus group lead in discussion and questions as follows:</p> <ol style="list-style-type: none"><li>1. What got you into this business?</li><li>2. Provide a history of why the focus groups are being held, etc.</li><li>3. Provide their demographic information such as name, age, experience</li><li>4. Tell about some of your positive experiences providing child care.</li></ol> <p>Developed focus group guiding questions as follows:</p> <ol style="list-style-type: none"><li>1. What does a challenging behavior look like? With a child? With a parent? With a co-worker?</li><li>2. If a child bites another child, what happens?</li><li>3. Did you notice any behavior prior to biting?</li><li>4. How do they communicate this to the parents of the biter? Of the child who has been bitten?</li><li>5. Is the outcome more developmental than rule based?</li><li>6. When do you see challenging behaviors?</li></ol>
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				<p>7. When you see the behaviors, what happens?</p> <p>8. If the leader pursues resources, were they helpful?</p> <p>9. Are there trainings that you would like to see provided in the future?</p> <p>Discussed the need for a good facilitator. Would like to provide participants with a packet of current resources at the end.</p> <p>Could consider one focus group during the 3 days of quality training in August. Discussed having a North Oakland group with a 1/2hour training prior to the focus group. Need training as incentive to get people to group. Possibly offer CPR or infection control trg that all need prior to focus group.</p> <p><b>7-1-09</b> Discussed Focus Group Plan and brainstormed marketing/recruitment ideas. See plan attached.</p> <p><b>8-5-09 Brief update regarding focus group. Planning is proceeding as expected, although finding the right child care setting has proved to be challenging. Hopefully they will be scheduled in late August and first half of</b></p>
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				<p><b>September. Facilitator Mary McLeod has been contracted by OS.</b></p>
<p><b>Lead# 1.2</b> SE1.A.3 -Study a sample of discipline policies from various child care settings to identify commonalities and differences and identify discipline policy issues that could contribute to disenrollment rates for challenging behaviors.</p>	<p>Access to information Time</p>	<p>Social &amp; Emotional Health Subcommittee Early Care &amp; Education Subcommittee GSC-O Staff</p>	<p>4/30/09 COMPLETED 5/6/09</p>	<p>A sample of discipline policies from child care settings will be collected; a workgroup will be organized to set up coding strategies for analysis of discipline policies by Julie Ricks-Doneen's Oakland University class on behavior; discipline policies will be analyzed; findings will be summarized.</p> <p><b>10-1-08</b> CSSOC is completing the 51 telephone calls. Reviewed child care provider list and attendees committed to help pick up policies when the calls are completed.</p> <p>At our next meeting we will need to consider coding of these discipline policies for analysis.</p> <p><b>12-4-08</b> Only 4 policies collected. Extensively discussed the wish to continue to try to collect these. Some concern expressed about having no budget to plan a project. Pam will see what information can be found about any specific budgets for committees. Much debate about our direction but decided on 3 pronged approach as follows:</p>

				<p>1) Ask the OU Research class if they will call/visit and try to collect the policies, especially from family homes and then analyze them. If they agree, we will pull another random sample.</p> <p>2) Each committee member is going to try to collect policies from centers near their daily happenings and we will see how many we can get. Will review these in January meeting</p> <p>3) Sue Allen could hold a training for providers on writing discipline policies, asking them to bring their current policies.</p> <p>1-7-09 Reviewed research plan presented by Lisa Sturges in consultation with Julie Rick-Donnen. Concern expressed that this strayed from the plans made last month. Question whether OU's goals meet our goals. Question regarding meeting <math>\frac{3}{4}</math> class deadline. Decided to table this research proposal and continue to collect discipline policies as we can, expanding our sample of convenience. Discussed experiences collecting policies this month. Expressed concern about "cold calls" and lack of benefit without relationship.</p>
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				<p>Susan will ask liaison (Bridget) to collect from at least one family home and one other. All members will continue this effort. It was decided to request Susan Allen to develop 2 trainings for providers—one for family providers and one for Center based providers.</p> <p>2-4-08 Reviewed research plan. Decided to allow OU class to review policies collected in early March and to report back their recommendations to us. Discussed the pros and cons of continuing with this research plan and decided to proceed, understanding that we have no real deadline and we want to just continue to collect data until we think we can make a case for further funding. Will ask Julie Ricks Doneen to attend April meeting to discuss qualitative data collection.</p> <p><b>5-6-09</b> Reviewed discipline policy analysis that was completed by OU. Agreed that policies need to be more proactive. Explored possibility of writing a sample discipline policy. The committee is not interested in doing this as they feel they will have a product that again does not meet the needs of all.</p>
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				They would rather have a training series or maybe develop an online training series that provides guidelines for writing a discipline policy.
<b>Lead # 3 Strategy SE1.B:</b> Understand the scope of sensory integration needs in Oakland County and the resources available to address these needs.				
<b>Lead #3.1</b> SE1.B.1 - Consult with sensory integrations experts (i.e. school district occupational therapists, facilities that provide services) to understand the scope of sensory integration needs of children, teachers, centers and the resources available to address these needs.	Access to information Time	Social & Emotional Health Subcommittee GSC-O Staff	4/30/09 COMPLETED	Sensory integration experts are consulted with (i.e. focus groups, presentation at a subcommittee meeting). <b>8-5-09 Dr. Noble is aware that the author of SI has now retracted some of her claim and indicated that this intervention is valuable for a very small population. However, there is value in parents understand sensory issues and how they affect behavior. We could perhaps meet this need by providing workshops at the Parent Conferences on this topic.</b>
<b>Lead # 3.2</b> SE1.B.2 -Research the feasibility of sensory integration services for all children in Oakland County when the service is needed.	Access to information Time	Social & Emotional Health Subcommittee GSC-O Staff	9/30/09 COMPLETED	Consult with Abilities Center and others regarding universal service possibilities Understand third party payment issues related to this service <b>8-5-09 Abilities Center has now merged with Detroit Institute for Children. Payment seems to be more related to insurance coverage. No need to further investigate this.</b>
<b>Strategy SE1.C:</b> Monitor implementation of additional CCEP services to assure services are meeting the needs of Oakland County.				

<p><b>Supportive</b> SE1.C.1 -Develop system with Project Challenge to continually determine needs assessment for CCEP services</p>	<p>Access to information Time</p>	<p>Project Challenge Social &amp; Emotional Health Subcommittee GSC-O Staff</p>	<p>4/30/09 ABORTED DUE TO CHANGE IN GRANT</p>	<p>Work with Project Challenge Evaluation Team develop procedures for waiting lists, needs assessment, etc.</p>	
<p><b>Supportive</b> SE1.C.2 -Monitor implementation of System of Care block grant funding for CCEP services</p>	<p>Access to information Time</p>	<p>Social &amp; Emotional Health Subcommittee GSC-O Staff</p>	<p>9/30/09 IN PROGRESS</p>	<p>Ongoing communication with Project Challenge and OCCMHA regarding implementation issues  10-1-08 Reviewed CCEP re-write at request of MDCH.  12-4-08 CCEP program details continue to be worked out. MDCH has accepted our revisions.  1-7-09 Talks continue with a focus on Medicaid billing requirements and related issues that will need to be incorporated into services.  2-4-08 Decision has been made to contract directly with Oakland Schools. Possible start up in April 09.  <b>5-6-09</b> Meeting scheduled on June 11 to discuss hiring and contract issues. Start up will be 10/1/09.  <b>7-1-09</b> Meetings are being held with OCCMHA and OS to finalized details of contract and job description/interview protocols. Applicant must have Level II IMH endorsement. Anticipate 10-1-09 start date.  <b>8-5-09 Interviews have been scheduled. Opening is now posted on MI-AIMH</b></p>	

				<b>website and some good candidates applying.</b>	
<b>Goal SE2:</b> <i>There is One Call for All for families to access services that will enhance the social emotional development of their children 0-5.</i>					
<b>Strategy SE2.A:</b> Develop <i>One Call for All</i> for families with children 0-5 in need of social emotional support.					
<b>Supportive SE2.A.1</b> -Assist with implementation of OCCMHA central access for mental health services for children 0-5 by serving as consultants to OCCMHA to provide feedback regarding the implementation plan or to make recommendations during 2008.	Time Funding	OCCMHA Social & Emotional Health Subcommittee GSC-O Staff Other Potential Partners	9/30/09 ON HOLD	Ongoing documented communication with OCCMHA regarding progress with central access for children 0-5.	
<b>Goal SE3:</b> <i>Pregnant women have access to adequate prenatal and post partum services for maternal depression.</i>					
<b>Lead Strategy SE3.A:</b> Gain an understanding of current practices, gaps in services, potential partnerships and legislative initiatives to support and promote prenatal and post partum depression services.					
<b>Lead 2.1</b> SE3.A.1 -Meet with the local Postpartum Support International (PSI) Coordinators to better understand their vision of PPD network of services.	Access to information Time	Postpartum Support International Social & Emotional Health Subcommittee GSC-O Staff Other Potential Partners	12/31/08 IN PROGRESS	Hold at least one meeting with Nancy Roberts, local coordinator. <b>5-6-09</b> Pam will continue to try to connect with Beaumont Group. Kris Kasperski went to a meeting there last month and there is another scheduled next Tues, May 12, 1 PM. Kris will get info to Pam. <b>7-1-09</b> Pam will attend next meeting scheduled on 8-11-09. Kris Kasperski has been involved with Beaumont in a re-work of their resource guide which includes a plan to put it online.	
<b>Lead 2.2</b> SE3.A.2 -Develop a compilation of best practice models, current hospital/physician screening and support protocol, and higher education projects related to post partum depression, working with	Access to information Time	Social & Emotional Health Subcommittee GSC-O Staff Other Potential Partners	9/30/09	Completion of a report on best practice models, current hospital/physician screening and support protocol, and higher education projects related to post partum	

the Beaumont Task Force for PPD and maternal depression issues.				depression. <b>5-6-09</b> The most at risk mothers do not keep their 6 week OB check up, but they do go to WIC. OCHD nurses now going to WIC offices and seeing 1 <sup>st</sup> time pregnant moms, 1st time post-partum moms, and all moms with child under 6 months. PACE is now also present at those clinics so the additional risk factor of substance abuse is being addressed.
<b>Lead 2.3</b> SE3.A.3 -Research information about legislative initiatives to support and promote prenatal and post partum depression services.	Access to information Time	Social & Emotional Health Subcommittee GSC-O Staff Other Potential Partners	9/30/09 COMPLETED	Monitor information about legislative initiatives to support and promote prenatal and post partum depression services to collaborative members.
<b>Strategy SE3.B:</b> Develop public awareness and outreach messages to reduce the stigma of maternal depression.				
<b>Supportive</b> SE3.B.1 -Partner with the OCCMHA anti-stigma campaign.	Access to information Time	OCCMHA Social & Emotional Health Subcommittee GSC-O Staff Other Potential Partners	10/31/08	Designate a Great Start-Oakland representative to work with OCCMHA on this campaign. <b>8-5-09</b> There seems to be no interest in topic such as PPD with the anti-stigma campaigns. They are focused on SPMI issues and their need to be better integrated in the community.

**Discussed Professional Development Plan. We are working on two dates: September 11 and September 30. Our Saturday training still needs to be planned, but available Saturdays are very limited. CEU's for September 30 may not be available, although an effort will be made.**

**Year 3 Action Agenda Planning:** Pam prefaced this discussion with a reminder of the uncertainty of ECIC funding, but our need to plan as if we are going to be nearly fully funded in 2010. Reviewed briefly the EC & E and Parent Education draft Year Three Agendas so that we can coordinate and better understand where there is overlap.

**Would like to include in our 2010 Action Agenda the following.**

- **Would like to develop a training curriculum for schools.**
- **Would like to do more training for social workers regarding early childhood issues, and encourage universities who are providing CEU training to include more early childhood issues. This is especially evident since the IMH training opportunities at universities have all but disappeared.**
- **Bring together the training resources available for SE issues and place them together on the GSC-O website. No interest in producing more media documents to promote SE health. Would rather pull what is available and put to together where it can be easily accessed. Some for parents, some for professionals.**
- **Need to brainstorm other ways to impact peri and post natal depression services with existing resources in the county.**
- **Oakland Schools promotion of ASQ, now allows a parent to automatically go to SEAM (Social Emotional Assessment Measure) which is much more detailed than the ASQ-SE and allows a parent to more thoroughly explore potential social emotional problems. This has been developed by Jane Squires and Diane Bricker and seems very credible. The ASQ-SE tool becomes the screener, but then refers to the SEAM as an assessment. However, because there are few services for the child 3-4 years old, Dawn Koger becomes the default community contact. This could become overwhelming for her if this becomes known. We will explore a broader use of SEAM and other SE screenings and provide interventions that parents can use if a concern is raised. Jen O'Connor will research SE screenings we might use other than ASQ-SE and SEAM.**
- **Encourage the developmental screenings that are being promoted in physician offices will include SE screenings. Coordinate this with EC & E.**
- **Assure SE issues are included in the training needs promoted by EC & E and look at the results of those trainings to better understand how to develop new trainings**
- **Assure break out sessions at Parent Conferences that deal with sensory issues and things parents can do to help**
- **Encourage mandated reporter training for child care providers. Bob Yashinsky (DHS) has done a very good training.**
- **Give Grand Rounds on post partum depression for OB.**
- **Place brochures about PPD in pediatrician, and family practice office. Be sure the brochures are hospital neutral. Provide resources with the brochures.**
- **Conduct a short electronic survey of physicians regarding treatment of depression. The survey itself will jog their memory and remind them to ask about it. Include in the survey a question about whether they would allow us to put flyers in their offices about pre and post partum depression. Work with AAP to promote their efforts. Look for brochures that have been produced and will raise awareness. The goal will be to help the mothers identify themselves as at risk in the waiting room which will prompt them to mention this to the doctor during the visit. Cards could also be placed in the exam rooms or in the rest rooms to remind women there is help for depression.**

**Pam will put this into an Action Agenda format and distribute it to the committee for further review and comment. She notes there is a lot here.**

**Next Meeting: September 2, 2009, 1-3 PM, Easter Seals, Pontiac.**